

Duncan James McLean, BA MB BChir MRCPsych
Consultant Psychiatrist

Education

2001	Associate Member British Psycho-Analytical Society (Child training)
1983	Associate Member British Psycho-Analytical Society (Adult training)
1979	M.R.C.Psych.
1975	The London Hospital M.B., B.Chir. (Cantab.)
1972	B.A. Honours Medical Sciences and English Cambridge University
1963-1968	Downside School 10 'O' Levels, 5 'A' Levels

Employment

1999 – present day (one session)	Consultant Psychiatrist in Psychotherapy Unit, Maudsley Hospital
2002 – present day (five sessions)	Consultant Psychotherapist, Cawley Centre, Maudsley Hospital
1986 – present day (four sessions)	Psychiatrist, The Anna Freud Centre. Charity for Child and Family Mental Health
Jul 1974 – Jan 1975	House Surgeon, Sunderland General Hospital
Feb 1975 – Jul 1975	House Physician, Burnley General Hospital
Sept 1975	House Officer, Paediatrics, Whipps Cross Hospital
Oct 1975 – Oct 1976	S.H.O., Psychiatry, Claybury Hospital
Nov 1976 – Jan 1980	S.H.O./Registrar, Psychiatry, The London Hospital
Feb 1980 – Sep 1981	Senior Registrar, Adult Psychiatry, University College Hospital
Oct 1981 – Jan 1986	Senior Registrar, Psychotherapy, The Portman Clinic
1986 – 1988. Two sessions	Locum Consultant Psychotherapist, The Portman Clinic
1989 – 1991.	Consultant Psychiatrist, Kings College Student Medical Centre, Strand

Two sessions

1986 – 2002 Consultant Psychiatrist in Psychotherapy, Kings College Hospital

Professional Experience

Individual Psychotherapy. Many cases treated intensively (3-5 x p.w.) and non-intensively. Special interest in Brief Psychotherapy – Brief Liaison Psychotherapy workshop supervision.

1983 – 1985 Group Psychotherapy with offenders at The Portman Clinic

1989 – present Group Psychotherapy: once weekly slow open group at Kings College Hospital

1986 – present Family and Couple therapy. Cases seen at The Anna Freud Centre.

Experience in C.B.T.

1980 - 1981 Adult General Psychiatry. Senior Registrar on in-patient ward and in Liaison Psychiatry

1989 – 2000 Adult General Psychiatry. Clinical Supervisor Kings College Hospital Parasuicide Service

1981 – 1986 Forensic Psychiatry. Placements at Broadmoor Hospital, Grendon Underwood, The Maudsley Hospital Forensic Psychiatry Dept (Dr P. Taylor)

1988 – 1994 Forensic Psychiatry. Court Reports on offenders and parental assessments for care proceedings. Supervisor to Sex Offenders Project (Drs. E. Vizard & G. Mezey)

1991 – Present Child and Adolescent Psychiatry. Head of Diagnostic Service The Anna Freud Centre

1989 – 1991 Student Counselling. Kings College, Strand

2000 – 2002 Student Counselling. Supervisor Goldsmith's Student Counselling Service

2002 – Present Student Counselling. Consultant to City University

Teaching Experience

1986 – 2000 Lectures on Dynamic Psychotherapy to Medical Students Kings College

Hospital

1993 – Present	Lectures to Maudsley Hospital Membership Course on Individual Psychotherapy; Personality development; Parasuicide; Brief Psychotherapy
Twice yearly 1987 – 1993, also in 1998 and 2000	M.R.C.Psych. Revision Course. University of Surrey. Dynamic Psychopathology: Individual Processes I & II; Individual Psychotherapy
Yearly 1988 – 1993	British Association of Psychotherapists. Training Course. 5 Seminars on Sexual Deviancy
Yearly 1989 – 1995	British Association of Psychotherapists. Training Course. 5 Seminars on Depression
Yearly 1993 – 1996	The Lincoln Centre for Psychotherapy. Training Course. 5 Seminars on Adult Sexuality.
Yearly 1993 – 2000	The Lincoln Centre for Psychotherapy. Training Course. 15 Seminars on Introduction to Freud.
1998 – 2001	The Lincoln Centre for Psychotherapy. Training Course. Seminars on Assessment for Psychotherapy.
Yearly 1998 - 2002	The Institute of Psycho-Analysis. Training Course. 4 Seminars on Adolescent Development.
Yearly 1995 – 2004	The Anna Freud Centre. Child Psychotherapy Training. 5 Seminars on DSM IV and Diagnosis
Yearly 1990 – 2004	The Anna Freud Centre. Child Psychotherapy Training. 5 Seminars on Neurosis and Psychosis
Yearly 1998 - 2004	The Anna Freud Centre. Child Psychotherapy Training. 5 Seminars on Borderline and Narcissistic Personality Disorder
Yearly 1997 - 2006	University College London. MSc Psycho-analytic Studies. Seminar on Anxiety and Neurosis
Yearly 2006 to present	London Centre for Psychotherapy. Five clinical seminars
Twice yearly. Oct 2008 to present	The Anna Freud Centre. Three day course on ‘Personality Disorder and Parenting’
From Jul 2009	Maudsley Hospital. Twice yearly one day course on ‘Mentalization’

Publications

D McLean. Assessment of a Latency Boy with Obsessional Symptoms. **The Bulletin of the Anna Freud Centre**, Vol 12, Part 4; 1989.

C Yorke, D McLean et al. The Development and Functioning of the Sense of Shame. **The Psychoanalytic Study of the Child**. Vol 45; 1990.

D McLean. Diagnostic Profile on a 15 Year Old Boy. **The Bulletin of the Anna Freud Centre**, Vol.15, Part 1, 7-34. 1992.

D. McLean. Maturational and Experiential Components of Character Formation. **The Psychoanalytic Study of the Child**, Vol.47, pp 235-252. 1992.

D. McLean. Provisional Diagnostic Profile on a Young Adult. **The Bulletin of the Anna Freud Centre**, Vol.16, Part 1, pp 27-40. 1993.

D. McLean. Two Models, One Mind. Integrating the Biological and Psychological. **Psychoanalytic Psychotherapy**, Vol. 9, No. 2, pp 133-144. 1995.

D. McLean. Guest Editorial on Diagnosis. **The Bulletin of the Anna Freud Centre**, Vol. 18, Part 3. 1995.

D. McLean & K. Kaplan-Solms. Differential Diagnosis of Language Disorder. **The Bulletin of the Anna Freud Centre**. Vol. 18, Part 3, 187-204. 1995.

D. McLean. Clinical Supervision. **Bulletin: The Royal College of Psychiatrists**, Vol. 20, pp1-2. 1996.

D. McLean. Growing up in New York: Playing with Reality. **Psychoanalysis in Europe. Bulletin of the European Psychoanalytical Federation**, Vol. 46, pp 22-36. 1996.

D. McLean. Book Review of 'Psychotherapy for Borderline Personality Disorder, Mentalization-based Treatment' by Fonagy and Bateman. *The British Journal of Psychiatry* (2005) 186: 267-268.

D. McLean & J. Nathan. Treatment of Personality Disorder: Limit Setting and the Use of Benign Authority. *British Journal of Psychotherapy* Vol23 Issue 2 231-246 Jan 2007.

D. McLean. Book Review of 'Setting Up New Services in the NHS: Just Add Water' by Kingsley Norton. *Psychiatric Bulletin* 32; 320; Aug 2008.

Conference Papers

Some Psychological Aspects of Criminal Responsibility. **Symposium of European Forensic Psychiatrists**, London, 1985.

Maturational and Experiential Components of Character Formation. **International Colloquium The Anna Freud Centre**, London, Nov 1988.

Developmental Psychopathology. **International Congress of Psychoanalysis**, Buenos Aires, Jul.1991.

1999 – 2002	Chair Professional Committee The Lincoln Clinic and Centre for Psychotherapy
1995 – present	Regional Representative for Psychotherapy The Royal College of Psychiatrists
1995 – 2002	British Confederation of Psychotherapists Council
1997 – 1999	British Confederation of Psychotherapists Executive Committee Treasurer
1989 – 1991	British Psychoanalytical Society Research Committee.
1989 – 1995	Association of Psychoanalytic Psychotherapists Council
1990 – 1992	Conference Committee
1992 – 1995	Chair Conference Committee