

**Paddy Karl Martin, BA, MSc (Hons)**  
Child & Adolescent Psychotherapist

**Education**

July 2007	Anna Freud Centre ACP accredited Child & Adolescent Psychotherapist
July 2001	University College London MSc Theoretical Psychoanalytical Studies (Distinction)
December 1994	College of Rehabilitation Studies, Forfar Guide dogs for the blind Rehabilitation Workers Certificate
July 1990	Reading University BA Hons, Sociology

**Employment**

June 2007 – present	Child & Adolescent Psychotherapist, Court Assessment Service, The Anna Freud Centre
September 2003 – present	Child & Adolescent Psychotherapist, Great Ormond Street Hospital at North Middlesex University Hospital. Assessment & Individual treatment of children & young people, family work and joint working – short & long term.
January 2002 – July 2003	Medical Social Worker, Moorfields Eye Hospital. Assessing & providing social and rehabilitation needs for newly registered partially sighted.
March 1999 – December 2001	Disability Support Officer, Westminster Kingsway College (Battersea). Coordinating practical and therapeutic support for physical disabled students, students with emotional behavioural difficulties and mental health illness.
January 1998 – February 1999	Rehabilitation Information Officer, Royal Victoria Infirmary (Eye Outpatients Department)
October 1992 – December 1999	Rehabilitation officer for blind & partially sighted, Glasgow City Council, Social Work Department
July 1991 – October 1992	Deputy House Manager, Royal National Institute for the Blind
October 1990 – June 1991	Residential Social Worker, Barnardos.
May 1988 – October 1989	Auxiliary Nursing, Guys Hospital.

## **Professional Responsibilities**

Reviewer and editor for the Journal of the Association of Child & Adolescent Psychotherapy.

Teacher and internal assessor on Psychoanalytical concepts and Parent-Infant observation seminar leader for MSc in Developmental Psychoanalytical Psychology at UCL

Teacher for the course module "Attachment in its intergenerational context." Parent-Infant Project (Anna Freud Centre) course: Multi-disciplinary Parent-Infant Mental Health.

Seminar leader and teacher on Psychosomatic Disorders for the British Association of Psychotherapy, 3<sup>rd</sup> Year training in Child & Adolescent Psychotherapy.

## **Training**

November 2005	Child Attachment Interview
April 2005	Haringey Child Protection Training (Level 2)
September 2003	Story Stem Narratives (administering)
November 2007	Accredited Story Stem coding

## **Additional Professional Training**

I am currently a member of two special interest groups for Child Psychotherapists working in court proceedings and in hospital settings.

## **Clinical Experience**

I have been working for two years as a member of the multidisciplinary Court Assessment Service based at the Anna Freud Centre. My role is to provide an assessment of the children involved individually, their emotional, psychological, social and physical needs as well as making recommendations for therapeutic treatment and support. The team works closely in order to provide comprehensively an overall assessment of the family situation, the needs of the children and to make recommendations to the court. In addition, I work clinically as a Child Psychotherapist providing long-term therapy for children in court proceedings.

In the last five years, I have worked in the Child Psychiatry Department at North Middlesex University Hospital. The team is multi-disciplinary, consisting of a Consultant Psychiatrist, a Psychiatric SHO, Clinical Psychologist / Family Therapist and 2 Child Psychotherapists. The team works closely, and receives referrals from the Paediatric services and has helped me to develop particular skills in assessing and prioritising both practical and therapeutic need, as well as providing long-term therapeutic support. We work closely with a range of other disciplines, including Social Work,

Community Children's nurses, Nursing staff and Consultant Paediatricians. I have also been involved in a range of consultation work, to the Children's ward, Dietician, Speech & Language Therapy and to a local Sure Start Nursery in Haringey.

A key aspect of the work is to provide an assessment of children and families in order to carefully ascertain the most appropriate treatment. An essential aspect of this, is gauging the level of risk to a child. Child Protection concerns feature commonly in Paediatric work ranging from actual concerns around emotional, physical or sexual abuse to issues in terms of non-compliance or poor health care by parents. I also teach at the British Association of Psychotherapy a module on psychosomatic disorders to trainee Child Psychotherapists. These seminars are focussed on synthesizing theoretical understanding and knowledge with clinical experience and examine the often emotional aspects underlying physical presentations in children as well as emotional response to chronic or severe illness and trauma.

Previous work experience has been varied and wide-ranging within the Public Sector, having worked in Further Education with young people and for Social Services.