

Advanced Mentalization- Based Therapy

In Collaboration
With



Timetable

Day 1

08.30 – 09.00: Registration (tea and coffee will be available)

09.00 – 10.15: Introduction

New Ideas

Reports of Projects and Current Work

Adherence scale discussion – mentalizing interventions, focus on current material in session, linking of mental states, affect focus, use of transference

10.15 – 10.45 Coffee

10.45 – 12.45: Case/ Discussion with participants as role players OR Video Supervision – large group (individual session)

12.45 – 14.00: Lunch

14.00 – 15.20: Case/ Discussion with participants as role players OR Video Supervision – large group (individual session)

15.20 – 15.40: Tea

15.40 – 17.00: Large Group discussion of video ratings and supervision process

Day 2

09.00 – 10.45: Large group with video ratings/ Adherence Scale and supervision process (individual sessions)

10.45 – 11.15 Coffee

11.15-12.45: Large/small group discussion of video

12.45 – 14.00: Lunch

14.00 – 15.15: Small/large group with video (group video if available) - Part 1

15.15 – 15.35: Tea

15.35 – 17.00: Small/large group with video (group video) – Part 2