



Anna Freud
National Centre for
Children and Families

Specialist Assessment and Treatment Services

Information for parents

annafreud.org

Who we are

Anna Freud National Centre for Children and Families undertakes independent assessments of children and families for the Family Courts, as well as providing therapeutic intervention for children, adults, parental couples and families, under the Specialist Assessment and Treatment Service (SATS).

The SATS team comprises of clinicians working under many different disciplines, including Child & Adolescent and Adult Psychiatrists, Clinical Psychologists, Family Therapists, Child & Adolescent Psychotherapists, Play Therapists and Social Workers.

How we help

Our assessments vary according to the needs and requirements of each family. We may begin with a meeting involving the network (i.e. parents and professionals), whereby the professionals' concerns are explored and the assessment process is outlined. Everybody at the meeting has the opportunity to ask any questions about the assessment.

Each assessment usually takes between 10 to 12 weeks. During this time, we often see everybody within the family both individually and together in different combinations, including parents, children and relatives. We often like to hold some of our sessions at the Centre, and other sessions elsewhere (e.g. at the family home, or at school).

You will have a chance to ask questions and respond at all stages. We aim to be respectful of diversity and we work with families to understand their personal history and backgrounds.

At the end of the assessment, the clinicians write a comprehensive report whereby they describe how the assessment has progressed, as well as giving an outline of their recommendations to the Court.

This information may also be fed back to the network in person at a feedback meeting. Some or all of the clinicians involved in your family's assessment may be asked to attend Court to provide their evidence for cross-examination at the final hearing. The team will make their recommendations, however the Court have the final decision.

Who we help

We are a service for families with children aged 0-18 years and have expertise in assessing and treating the following:

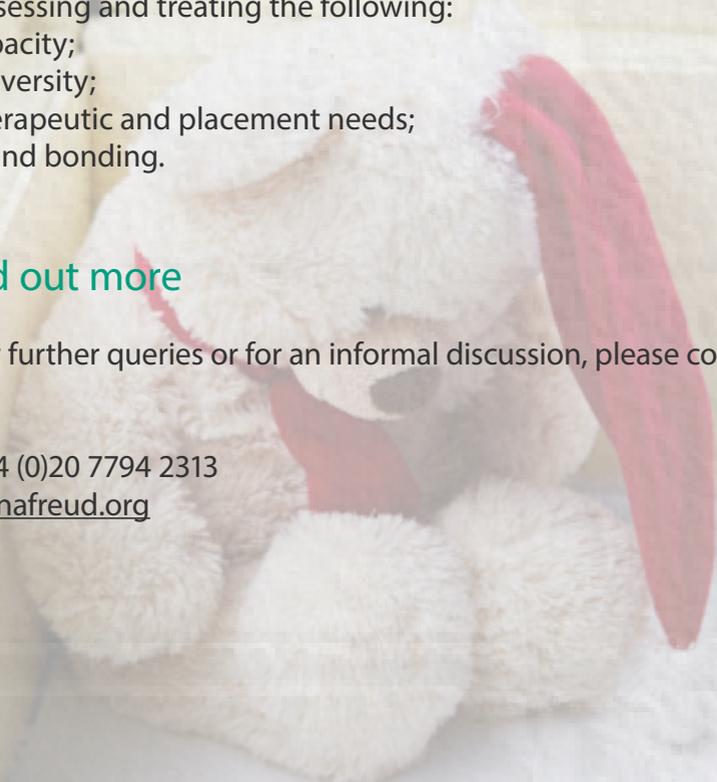
- Parenting capacity;
- Childhood adversity;
- Children's therapeutic and placement needs;
- Attachment and bonding.

How to find out more

If you have any further queries or for an informal discussion, please contact us:

Telephone: +44 (0)20 7794 2313

Email: sats@annafreud.org





Out of hours or emergency contacts

The Centre does not offer any out-of-hours or emergency services for children, young people and families. If you require urgent assistance please contact your GP or visit your local A&E department.

Other languages and formats

If you would like this leaflet in a different language or format please ask at reception or contact us at:

Email: Referrals@annafreud.org

Telephone: 020 7794 2313

How to find us

Buses:

- No. 17, 45, 46, 63, 259
- No. 205, 214, 30, 476, 73

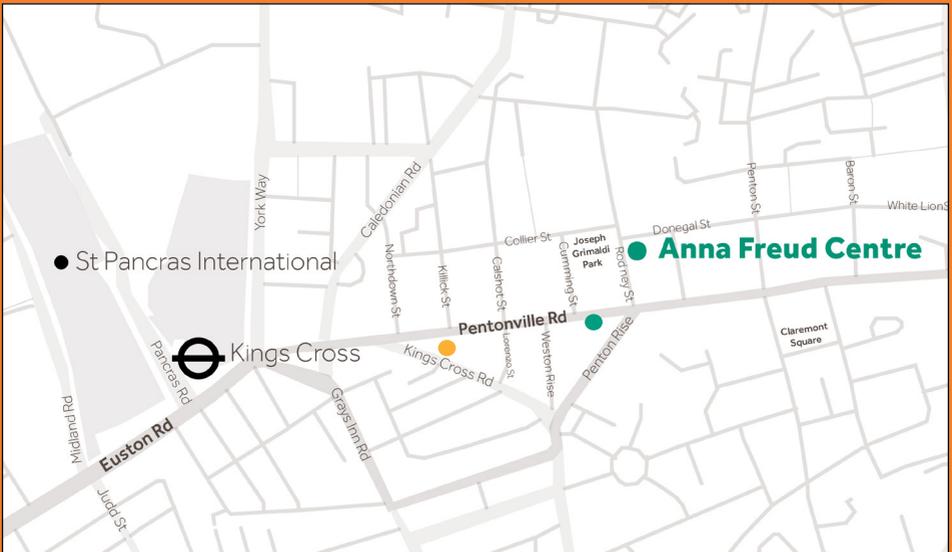
Underground:

Kings Cross – Circle, Piccadilly, Hammersmith & City, Northern, Metropolitan, Victoria and National Rail Angel - Northern Line

Overground:

Caledonian Road & Barnsbury

Address: Anna Freud Centre, Kantor Centre of Excellence, 4-8 Rodney Street, London, N1 9JH



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Our Patron: Her Royal Highness The Duchess of Cambridge

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