



Anna Freud
National Centre for
Children and Families

Specialist Assessment and Treatment Services

Information for children

annafreud.org



Who we are

Anna Freud National Centre for Children and Families is sometimes asked by a Judge or a social worker to meet with a child and their family. This might be because they are worried and need some help to make decisions about the child they are concerned about.

There are lots of different people who work in the Specialist Assessment and Treatment Service (SATS). You might meet with just one member of the team, or more than one, depending on why the SATS team have been asked to help you and your family.

How we help

During our assessment, the SATS workers might want to meet with you on your own a few times. These appointments will last for 45-60 minutes. They might also want to see you together with your parent(s) or relatives. These sessions will make up the assessment and can take up to 12 weeks to complete. Sometimes your sessions will take place at the Centre, but sometimes you might be seen at home or at school.

During your sessions, the SATS workers will listen to you carefully and will think a lot about what you say. Sometimes it can be helpful for your sessions to be recorded, so that the SATS workers can watch it back later and be reminded about what you talked about together; this can help them make the best decisions about what you might need now and in the future.

At the end of the assessment, the people who worked with you and your family will write a report for the Judge, which will explain how the assessment went and what the SATS workers think should happen next for you and your family.

What we do with your information

Anything you tell us in your sessions is private to the Court. This means that we might talk about it with the Judge and your social worker, and we might write about it in our report. Your parents are also allowed to read our report at the end of the assessment.

If you are worried about people finding out what you think or feel, or if you are confused about what is happening, please talk to your SATS worker. They will put your safety and wellbeing first, and will try to answer any of your questions.

Can I make a comment or complaint?

We are always interested to hear what children and families think of how we work with you. If you want to make any comments about your experience, please tell your SATS worker or your social worker. They will be able to help you if you want your thoughts and opinions to be shared.





Anna Freud
National Centre for
Children and Families



Anna Freud National Centre for Children and Families
Kantor Centre of Excellence
4-8 Rodney Street
London
N1 9JH
Tel: 020 7794 2313

Our Patron: Her Royal Highness The Duchess of Cambridge

Anna Freud National Centre for Children and Families is a company limited by guarantee, company number 03819888, and a registered charity, number 1077106.