Course Guide
Postgraduate Diploma Children & Young People's IAPT Therapy: Systemic Family Practice

What does training involve?
The Postgraduate Diploma in CYP IAPT Therapy in Systemic Family Practice (SFP) starts in January 2021 and will be completed over 1 year, finishing December 2021. Students attend university teaching on Mondays and Tuesdays over three terms. Teaching will be delivered in a blended learning format with online and face to face contact depending on Government restrictions. For the remainder of the week you will be seeing young people and their families in your service where you will be applying what you learn on the course.

How many cases do I need to see to complete the training?
You will need to see at a minimum 8 cases over the course with 2 cases for the Basic Systemic Skills module and 3 cases per specialist module. You will be assessed on these through written and video presentation. You will need to accrue at least 60 hours of systemic practice working directly with families and receive supervision on each case.

Summary of Systemic Modules
The Systemic Family Practice course comprises three modules: a 30 credit Basic Systemic Skills module which will introduce a range of systemic approaches for working with families from diverse socio-cultural backgrounds and will teach you techniques and interventions from these approaches, and two 15 credit modules where you will learn specialist skills and knowledge in order to work effectively with adolescents with Depression and Self Harm and with Conduct Disorders.

To help you develop and embed your developing skills, you will be required to video record your own practice and review recordings in small, safe and supportive practice tutor groups. We receive consistent feedback that this is a highly valuable part of the course.

What will I gain from the training?
The skills and knowledge you develop will enable you to work more effectively and confidently with young people and their families. The course is accredited by the Association for Family Therapy as an Intermediate Level training in Systemic and Family Practice. Graduates are eligible to apply for the final two years of family therapy training leading to registration with United Kingdom Council for Psychotherapy as a Family and Systemic Psychotherapist.
What support will I have at my new service?
You will have an allocated Systemic Psychotherapy supervisor within your service, who you will meet with for at least 1 hour every week to review and plan your work with families.

Assessment of Modules
Students will be assessed through written case reports, whole session video recordings with reflective analysis, a theory-oriented case report, a participation assignment and a portfolio which includes a clinical log.

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<tr>
<th>Caseload Requirements</th>
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<td><strong>Unit</strong></td>
<td><strong>Case Requirement</strong></td>
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<tr>
<td>Basic Systemic Practice</td>
<td>2 children/young people and their families. A minimum of 12 hours of clinical practice</td>
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<tr>
<td>Systemic Family Practice for Depression/Self-Harm</td>
<td>3 young people and their families where the young person presents with depression/self-harm. A minimum of 24 hours of clinical practice.</td>
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<tr>
<td>Systemic Family Practice for Conduct Disorder</td>
<td>3 young people and their families where the young person presents with conduct disorder. A minimum of 24 hours of clinical practice.</td>
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Entry Requirements

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<th>Essential</th>
<th>Desirable</th>
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<td>Normally a minimum of a second-class Bachelor’s degree from a UK University or equivalent in a relevant subject e.g. psychology, social work AND a registerable professional qualification (e.g. as a counselling/clinical/educational psychologist, social worker, counsellor, mental health nurse, teacher/SENCO, occupational therapist). Applications MAY be considered from those with relevant first degree who do not have a registerable processional training if they have at least 3 years experience in a CAMHS or equivalent setting</td>
<td>Knowledge and understanding of issues relating to safeguarding children and young people</td>
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<td>Experience of working with children/young people in a mental health setting.</td>
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https://www.kcl.ac.uk/study/postgraduate/apply/entry-requirements/english-language.aspx

Programme Contact:
Prospective Students: cyp-iaipt@kcl.ac.uk

Further Information
Recruit to Train Website

Social Media
@KingsCollegeLon @AFNCCF

The programme description is correct at time of going to print but is subject to change without notice.