

## International Training School for Infancy and Early Years



# **ITSIEY Specialist: Reflective Supervision in Infant Mental Health (0 - 24 months): Holding the supervisee, child and family in mind**

## **Timetable**

### **Day 1**

09:00 – 09:30	Registration
09:30 – 11:00	Seminar One: What is unique to infant mental health supervision (Amanda Jones)
11:00 – 11:15	Tea Break
11:15 – 12:30	Seminar One continues
12:30 – 13:30	Lunch
13:30 – 15:00	Seminar Two: Inside supervision – Exploring the process of supervision (Carol Broughton)
15:00 – 15:15	Tea Break
15:15 – 16:30	Group discussion (Carol Broughton and Emma Worwood)

### **Day 2**

09:30 – 11:00	Seminar Three: Supervision of cases that raise anxiety (Kathryn Fenton)
11:00 – 11:15	Tea Break
11:15 – 12:30	Group discussion (Carol Broughton and Emma Worwood)
12:30 – 13:30	Lunch

- 13:30 – 15:00 Seminar Four: Safeguarding, confidentiality & information sharing in infant mental health supervision (Nicola Labuschagne)
- 15:00 – 15:15 Tea Break
- 15:30 – 16:30 Group discussion (Carol Broughton and Emma Worwood)

### **Day 3**

- 09:30 – 11:00 Seminar Five: Transcultural Supervision (Zack Eleftheriadou)
- 11:00 – 11:15 Tea Break
- 11:15 – 12:30 Group Discussion (Carol Broughton and Emma Worwood)
- 12:30 – 13:30 Lunch
- 13:30 – 15:00 Seminar Six: Group Processes in Supervision (Sheila Ritchie)
- 15:00 – 15:15 Tea Break
- 15:15 – 16:30 Group Discussion (Carol Broughton and Emma Worwood)

### **Day 4**

- 09:30 – 11:00 Seminar Seven: Making outcomes useful in infant mental health Supervision (Emily Durling)
- 11:00 – 11:15 Tea Break
- 11:15 – 12:30 Group Discussion (Carol Broughton and Emma Worwood)
- 12:30 – 13:30 Lunch
- 13:30 – 15:00 Seminar Eight: Supervision in Mental Health Settings – Mentalizing the Team (Dickon Bevington)
- 15:00 – 15:15 Tea Break
- 15:15 – 16:30 Closing Discussion (Carol Broughton and Emma Worwood)

### **Supervision groups:**

- 11<sup>th</sup> November 2020: 14:30 – 17:00
- 2<sup>nd</sup> December 2020: 14:30 – 17:00
- 13<sup>th</sup> January 2021: 14:30 – 17:00
- 3<sup>rd</sup> February 2021: 14:30 – 17:00

**Please note supervisions will last for 2 or 2.5hrs depending on the number of participants.**