

Dynamic Interpersonal Therapy (DIT) Supervisor Training – Day 1

Timetable

There may be some variation in the timetable **but start and finish times are fixed.**

10.00 – 11.20 Psychodynamic supervision vs DIT supervision: managing dual roles of evaluation and skills development; holding the DIT stance in supervision; common challenges encountered in DIT.

Coffee/Tea

11.40 – 13.00 Role play exercise to apply learning from the earlier session

13.00 – 14.00 Lunch break

14.00 – 15.20 Clinical presentation of a DIT supervision – up to two people to volunteer to present.

Coffee/Tea

15.40 – 17.00 Providing feedback and evaluation in DIT including a focus on the case study; suggestions for handling difficult situations that may arise.