



Timetable: 12-week journey

Week One

Module 1:	Understanding the role of a leader in creating an environment and culture which promotes wellbeing. <ul style="list-style-type: none">• Pre reading• Pre session tasks
LIVE SESSION:	Tuesday 27 April (9.30-11am) <ul style="list-style-type: none">• Post session tasks• Post session reading
OFFICE HOUR:	Friday 30 April (2-3pm)

Week Two

Module 2:	Embedding mental health and wellbeing into an existing curriculum. <ul style="list-style-type: none">• Self-guided learning (download PP)• Tasks
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Week Three

Module 3:	Developing and supporting staff. <ul style="list-style-type: none">• Pre reading• Pre activity
LIVE SESSION:	Tuesday 11 May (9.30-11am)
OFFICE HOUR:	Friday 14 May (2-3pm)

Week Four

Module 3:	Developing and supporting staff. <ul style="list-style-type: none">• Post session tasks• Post session reading
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Week Five

Module 4:	Engaging the systems around the child or young person. <ul style="list-style-type: none">• Pre reading• Pre activity
LIVE SESSION:	Tuesday 25 May (9.30-11am)
OFFICE HOUR:	Friday 28 May (2-3pm)

Week Six

Module 4:	Engaging the systems around the child or young person. <ul style="list-style-type: none">• Post session tasks• Post session reading
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Week Seven

Module 5:	Identifying need and understanding need. <ul style="list-style-type: none">• Pre reading• Pre activity
LIVE SESSION:	Tuesday 8 June (9.30-11am)
OFFICE HOUR:	Friday 11 June (2-3pm)

Week Eight

Module 5:	Identifying need and understanding need. <ul style="list-style-type: none">• Post session tasks• Post session reading
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Week Nine

Module 6:	Understanding the impact of mental health interventions. <ul style="list-style-type: none">• Pre reading• Pre activity
LIVE SESSION:	Tuesday 22 June (9.30-11am)
OFFICE HOUR:	Friday 25 June (2-3pm)

Week Ten

Module 6:	Understanding the impact of mental health interventions. <ul style="list-style-type: none">• Post session tasks• Post session reading
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Week Eleven

Module 7:	Creating a targeted approach for referral and intervention. <ul style="list-style-type: none">• Pre reading• Pre activity
LIVE SESSION:	Tuesday 6 July (9.30-11am)
OFFICE HOUR:	Friday 9 July (2-3pm)

Week Twelve

Module 7:	Creating a targeted approach for referral and intervention. <ul style="list-style-type: none">• Post session tasks• Post session reading
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