

Mentalization Based Treatment for Children-Trauma

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Two- day course

Proposed Dates: January 19th/20th 2022

Required: Completion of MBT-C Basic Training

Number of Openings: maximum 23 students

Program

Day 1

9:30-10:45	Framework
10:45-11:00	Break
11:00-12:15	Neurobiology of Trauma in the context of MBT-C
12:15-13:00	Lunch
13:00-14:15	Pre-Mentalizing Modes in the Context of Trauma
14:15-14:30	Break
14:30-15:30	The three blocks of mentalizing: Revisited
15.30-15.45	Break
15:45-17:00	Case: Application of the MBT-C Framework

Day 2

9:30-10:45	Technique
10:45-11:00	Break
11:00-12:15	Small Groups/Applying Framework
12:15-13:00	Lunch
13:00-14:15	Working with Parents and Teachers
14:15-14:30	Break
14:30-15:30	Challenges (endings, self-care)
15.30 – 15.45	break
15:45-17:00	Case: Application of the MBT-C Framework