

## SMHL training timetable

### Day 1 timetable

Time	Activity
<b>09.30am - 12.30pm</b>	Module 1: Understanding the role of a leader in creating an environment and culture that promotes wellbeing  Module 2: Embedding mental health and wellbeing into an existing curriculum
<b>12.30pm - 1.00pm</b>	Lunch
<b>1.00pm - 4.30pm</b>	Module 3: Developing and supporting staff  Module 4: Engaging the systems around the child or young person

### Day 2 timetable

Time	Activity
<b>09.30am - 10.00am</b>	Feedback on reflective tasks
<b>10.00am - 12.30pm</b>	Module 5: Identifying need and understanding need
<b>12.30pm - 1.00pm</b>	Lunch
<b>1.00pm - 4.30pm</b>	Module 6: Understanding the impact of mental health interventions  Module 7: Creating a targeted approach for referral and intervention