



Course Guide

Kings: Postgraduate Certificate in Children & Young People's IAPT Supervision: CWP/EMHP/Recruit to Train

This course is a 60-credit postgraduate certificate certified by KCL



Who is the training for?

This training is for supervisors of either Children and Young People Wellbeing Practitioners (CWP), Education Mental Health Practitioners (EMHP) or Recruit to Train (RtT) Practitioners undertaking the Therapy Diploma for Cognitive Behavioural Therapy (CBT), Parenting or Systemic Family Practice (SFP). The course is for supervisors of Kings (KCL) practitioners only. The course is based at Kings in the Denmark Hill campus, although the majority of the course will be online.

How long is the training course?

The course is completed over a year. The number of days varies according to the group supervised. The course is 14 days (for RtT), 19 days (for CWP) and 20 days (for EMHP). Some supervisors will require additional relevant sessions and have several joint days with trainee practitioners.

What does the training look like?

This course will increase your confidence and competence as a supervisor. Teaching is mostly on Mondays and Fridays. The first 5 - 8 days are frontloaded over the first two months with a mixture of online and face to face sessions. Practice tutor group sessions are then held monthly on a Monday or Friday for the rest of the course. The front-loaded teaching includes use of feedback tools, the specific supervised evidence based models, supervision

models and competencies and relevant service development including whole school approach.

The monthly sessions following the initial teaching block, are tailored specifically to the supervision group. This is an opportunity to enhance supervision skills through viewing own videoed practice in small, safe and supportive practice tutor groups. We receive consistent feedback that this is a highly valuable part of the course. In addition, there will be larger action learning sets to reflect and make action plans about supervision dilemmas.

How many supervisees do I need and how frequently should supervision be offered?

Supervisors will be required to supervise at least one trainee practitioner on their site to meet requirements for this course. All supervisors will be required to individually supervise trainees weekly and additionally in group supervision (where appropriate) for CWP and EMHP practitioners.

What assessments are there?

There are four pieces of work: An essay on effective supervision; a video tape of a supervision session and reflective analysis; supervision portfolio; and a service implementation project. These assessments are throughout the year training.

Entry Requirements

Essential	Desirable
Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology). AND/OR a registerable professional qualification in a relevant subject (e.g. medicine, psychology, social work) from a UK university or overseas professional qualification of an equivalent standard.	Experience: Candidates will need to be experienced Mental Health professionals as evidence by 2 years working therapeutically/ clinically or consultatively within a CYP Education or Mental Health Setting with children and young people with mental health difficulties. They must demonstrate experience of clinically delivering and supervising in the therapeutic approach for which they are applying. (e.g. CBT). Please contact cyp-iapt@kcl.ac.uk for information on specific requirements for individual supervision pathways.

Application Deadline

End of November 2021

Teaching will begin on the 24th January 2022

Next Steps

If you are interested in this training, you can register your interest and find out more [information here](#) and speak to your service manager about applying.

Application Process

- Applications for the supervision course are to be made via the KCL online portal by the candidate. Please do apply early though due to limited places available.
- To apply online go to <https://apply.kcl.ac.uk>
- You will need to register an account and login to create a new application.
- You can find guidance on <http://www.kcl.ac.uk/study/pg/admissions/TaughtProgrammes.aspx>
- Please do contact cyp-iapt@kcl.ac.uk for any queries about this.
- Short in-person/telephone interviews will be required.



Programme Contact:
Prospective Students:
cyp-iapt@kcl.ac.uk

Further Information
www.annafreud.org

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