

**The Companies Acts 1985 to 2006
Company Limited by Guarantee
Not having a share Capital
Company Number: 3819888**

**MEMORANDUM
AND
ARTICLES OF ASSOCIATION

THE ANNA FREUD CENTRE**

incorporated 5th day of August 1999

COMPANIES ACTS 1985 to 2006

COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL

MEMORANDUM OF ASSOCIATION

of

THE ANNA FREUD CENTRE

We wish to be formed into a company under this Memorandum of Association

Signatures, Names and Addresses of Subscribers

**Elisabeth Sacher
16 Clifton Villas
London W9 2PH**

**John Clive Lloyd Emanuel
40 Freemans Close
Stoke Pages
Slough SL2 4ER**

**Dated 27 July 1999
Witness to the above signature**

**Rosalind Bidmead
10 Woodstock Road
London NW11**

**Dated 27 July 1999
Witness to the above signature**

**Rosalind Bidmead
10 Woodstock Road
London NW11**

COMPANIES ACTS 1985 to 2006

COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL

ARTICLES OF ASSOCIATION OF THE ANNA FREUD CENTRE

1. NAME

The name of the Company is The Anna Freud Centre (“the Charity”)

2. REGISTERED OFFICE

The registered office of the Charity is to be in England and Wales

3. OBJECTS

The objects of the Charity are:

3.1 the promotion for the public benefit of the relief of mental illness or disorder and the protection and preservation of mental and emotional health by the means of:

3.1.1 the practice of and research into psychoanalytic and other appropriate methods of therapy for children and adults; and

3.1.2 training child and adolescent psychotherapists and psychoanalysts;

3.2 the advancement of education for the public benefit, in particular but without prejudice to the generality, by:

3.2.1 providing training and education programmes in the field of mental health;

3.2.2 carrying out research in the field of mental health; and

3.2.3 by establishing, maintaining and supporting educational institutions including free schools and academies.

(“the Objects”).

4. POWERS

The Charity has the following powers, which may be exercised only in promoting the Objects:

4.1 to establish and maintain a clinic;

4.2 to establish and maintain training courses;

4.3 to promote or carry out research;

4.4 to provide advice;

- 4.5 to publish or distribute information;
- 4.6 to co-operate with other bodies;
- 4.7 to support, administer or set up other charities;
- 4.8 to raise funds (but not by means of taxable trading);
- 4.9 to borrow money and give security for loans (but only in accordance with the restrictions imposed by the Charities Act 2011);
- 4.10 to acquire or hire property of any kind;
- 4.11 to let or dispose of property of any kind (but only in accordance with the restrictions imposed by the Charities Act 2011);
- 4.12 to make grants or loans of money and to give guarantees;
- 4.13 to set aside funds for special purposes or as reserves against future expenditure;
- 4.14 to deposit or invest funds in any manner after careful and prudent consideration (but to invest only after obtaining advice from a financial expert and having regard to the suitability of investments and the need for diversification);
- 4.15 to delegate the management of investments to a financial expert, but only on terms that:
 - 4.15.1 the investment policy is set down in writing for the financial expert by the Trustees;
 - 4.15.2 the performance of the investments is reviewed regularly with the Trustees;
 - 4.15.3 the Trustees are entitled to cancel the delegation arrangement at any time;
 - 4.15.4 the investment policy and the delegation arrangement are reviewed at least once a year;
 - 4.15.5 all payments due to the financial expert are on a scale or at a level which is agreed in advance and are notified promptly to the Trustees on receipt;
 - 4.15.6 the financial expert must not do anything outside the powers of the trustees;
- 4.16 to arrange for investments or other property of the Charity to be held in the name of a nominee (being a corporate body registered or having an established place of business in England and Wales) under the control of the Trustees or of a financial expert acting under their instructions and to pay any reasonable fee required;
- 4.17 to insure the property of the Charity against any foreseeable risk and take out other insurance policies to protect the Charity when required;
- 4.18 subject to Article 5, to employ paid or unpaid agents, staff or advisers;
- 4.19 to enter into contracts to provide services to or on behalf of other bodies;

- 4.20 to establish subsidiary companies to assist or act as agents for the Charity;
- 4.21 to pay the costs of forming the Charity;
- 4.22 to do anything else within the law which promotes or helps to promote the Objects;
- 4.23 to establish and support or aid in the establishment and support of any other organisations and subscribe, lend or guarantee money or property for charitable purposes;
- 4.24 to become a member, associate or affiliate of or act as trustee or appoint trustees of any other organisation (including without limitation any charitable trust of permanent endowment property held for any of the charitable purposes included in the Charity's objects);
- 4.25 to incorporate and acquire subsidiary companies to carry on any trade; and
- 4.26 to amalgamate or merge with or acquire or undertake all or any of the property, liabilities and engagements of any body.

5. BENEFITS TO MEMBERS AND TRUSTEES

- 5.1 The property and funds of the Charity must be used only for promoting the Objects and do not belong to the members of the Charity but
 - 5.1.1 members who are not Trustees may be employed by or enter into contracts with the Charity and receive reasonable payment for goods or services supplied
 - 5.1.2 members (including Trustees) may be paid interest at a reasonable rate on money lent to the Charity
 - 5.1.3 members (including Trustees) may be paid a reasonable rent or hiring fee for property let or hired to the Charity
 - 5.1.4 individual members who are not Trustees but who are beneficiaries may receive charitable benefits in that capacity
- 5.2 A Trustee must not receive any payment of money or other material benefit (whether directly or indirectly) from the Charity except
 - 5.2.1 as mentioned in clauses 5.1.2, 5.1.3 or 5.3
 - 5.2.2 reimbursement of reasonable out-of-pocket expenses (including hotel and travel costs) actually incurred in running the Charity
 - 5.2.3 payment to any company in which a Trustee has no more than a 1 per cent shareholding
 - 5.2.4 in exceptional cases, other payments or benefits (but only with the written approval of the Commission in advance)

- 5.3 Any Trustee (or any firm or company of which a Trustee is a member or employee) may enter into a contract with the Charity to supply goods or services in return for a payment or other material benefit but only if
- 5.3.1 the goods or services are actually required by the Charity
 - 5.3.2 the nature and level of the remuneration is no more than is reasonable in relation to the value of the goods or services and is set in accordance with the procedure in clause 5.4
 - 5.3.3 no more than one half of the Trustees are subject to such a contract in any financial year
- 5.4 Whenever a Trustee has a personal interest in a matter to be discussed at a meeting of the Trustees or a committee the Trustee concerned must:
- 5.4.1 declare an interest at or before discussion begins on the matter
 - 5.4.2 withdraw from the meeting for that item unless expressly invited to remain in order to provide information
 - 5.4.3 not be counted in the quorum for that part of the meeting
 - 5.4.4 withdraw during the vote and have no vote on the matter
- 5.5 This clause may not be amended without the prior written consent of the Commission

6. LIMITED LIABILITY

The liability of the members is limited

7. GUARANTEE

Every member promises, if the Charity is dissolved while he, she or it remains a member or within 12 months afterwards, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the Charity while the contributor was a member

8. DISSOLUTION

- 8.1 If the Charity is dissolved the assets (if any) remaining after provision has been made for all its liabilities must be applied in one or more of the following ways:
- 8.1.1 by transfer to one or more other bodies established for exclusively charitable purposes within, the same as or similar to the Objects
 - 8.1.2 directly for the Objects or charitable purposes within or similar to the Objects
 - 8.1.3 in such other manner consistent with charitable status as the Commission approve in writing in advance
- 8.2 A final report and statement of account must be sent to the Commission

9. MEMBERSHIP

- 9.1 The number of members with which the company proposes to be registered is unlimited
- 9.2 The Charity must maintain a register of members
- 9.3 Membership of the Charity is open to any individual interested in promoting the Objects who
 - 9.3.1 applies to the Charity in the form required by the Trustees
 - 9.3.2 is approved by the Trustees and
 - 9.3.3 signs the Register of members or consents in writing to become a member
- 9.4 The Trustees may establish different classes of membership and prescribe their respective privileges and duties and set the amounts of any subscriptions
- 9.5 Membership is terminated if the member concerned
 - 9.5.1 gives written notice of resignation to the Charity
 - 9.5.2 dies
 - 9.5.3 is six months in arrears in paying the relevant subscription (if any) (but in such a case the member may be reinstated on payment of the amount due) or
- 9.6 is removed from membership by resolution of the Trustees on the ground that in their reasonable opinion the member's continued membership is harmful to the Charity (but only after notifying the member in writing and considering the matter in the light of any written representations which the member concerned puts forward within 14 clear days after receiving notice)
- 9.7 Membership of the Charity is not transferable

10. GENERAL MEETINGS

- 10.1 Members are entitled to attend general meetings. General meetings are called on at least clear 21 days written notice specifying the business to be discussed
- 10.2 There is a quorum at a general meeting if the number of members personally present is at least three or ten percent of the members if greater
- 10.3 The Chairman or (if the Chairman is unable or unwilling to do so) some other member elected by those present presides at a general meeting
- 10.4 Except where otherwise provided by the Act, every issue is decided by a majority of the votes cast
- 10.5 Except for the chairman of the meeting, who has a second or casting vote, every member present in person has one vote on each issue

- 10.6 A written resolution signed by all those entitled to vote at a general meeting is as valid as a resolution actually passed at a general meeting (and for this purpose the written resolution may be set out in more than one document and will be treated as passed on the date of the last signature)
- 10.7 The Charity must hold an AGM in every year which all members are entitled to attend. The first AGM may be held within 18 months after the Charity's incorporation
- 10.8 At an AGM the members:
- 10.8.1 receive the accounts of the Charity for the previous financial year
 - 10.8.2 receive the Trustees' report on the Charity's activities since the previous AGM
 - 10.8.3 accept the retirement of those Trustees who wish to retire
 - 10.8.4 elect persons to be Trustees to fill the vacancies arising
 - 10.8.5 appoint auditors for the Charity
 - 10.8.6 may confer on any individual (with his or her consent) the honorary title of Patron, President or Vice-President of the Charity and
 - 10.8.7 discuss and determine any issues of policy or deal with any other business put before them
- 10.9 Any general meeting which is not an AGM is an EGM
- 10.10 An EGM may be called at any time by the Trustees and must be called within 28 days on a written request from at least a majority of the members

11. THE TRUSTEES

- 11.1 The Trustees as charity trustees have control of the Charity and its property and funds
- 11.2 The Trustees when complete consist of at least three and not more than fourteen individuals, all of whom must be members
- 11.3 The first Trustees of the Charity are:
- 11.3.1 Elisabeth Jane Sacher
 - 11.3.2 John Clive Lloyd Emanuel
 - 11.3.3 Anne-Marie Marthe Sandler
- 11.4 Every Trustee must sign a declaration of willingness to act as a charity trustee of the Charity before he or she is eligible to vote at any meeting of the Trustees
- 11.5 Trustees shall be appointed for a term of four years but shall be eligible for reappointment

- 11.6 A Trustee's term of office automatically terminates if he or she:
- 11.6.1 is disqualified under the Charities Act 2011 from acting as a charity trustee
 - 11.6.2 is incapable, whether mentally or physically, of managing his or her own affairs
 - 11.6.3 ceases to be a member (but such a person may be reinstated by resolution passed by all the other Trustees on resuming membership of the Charity before the next AGM)
 - 11.6.4 resigns by written notice to the Trustees (but only if at least two Trustees will remain in office)
 - 11.6.5 is removed by resolution passed by a majority of the other Trustees after the meeting has invited the views of the Trustee concerned and considered the matter in the light of any such views
- 11.7 The Trustees may at any time co-opt any person duly qualified to be appointed as a Trustee to fill a vacancy in their number or as an additional Trustee, but a co-opted Trustee holds office only until the next AGM
- 11.8 A technical defect in the appointment of a Trustee of which the Trustees are unaware at the time does not invalidate decisions taken at a meeting

12. PROCEEDINGS OF TRUSTEES

- 12.1 The Trustees must hold at least two meetings each year
- 12.2 A quorum at a meeting of the Trustees is three Trustees
- 12.3 A meeting of the Trustees may be held either in person or by suitable electronic means agreed by the Trustees in which all participants may communicate with all the other participants
- 12.4 The Chairman or (if the Chairman is unable or unwilling to do so) some other Trustee chosen by the Trustees present presides at each meeting
- 12.5 Every issue may be determined by a simple majority of the votes cast at a meeting but a written resolution signed by all the Trustees is as valid as a resolution passed at a meeting (and for this purpose the resolution may be contained in more than one document and will be treated as passed on the date of the last signature)
- 12.6 Except for the chairman of the meeting, who has a second or casting vote, every Trustee has one vote on each issue
- 12.7 A procedural defect of which the Trustees are unaware at the time does not invalidate decisions taken at a meeting

13. POWERS OF TRUSTEES

The Trustees have the following powers in the administration of the Charity:

- 13.1 to appoint (and remove) any member (who may be a Trustee) to act as Secretary to the Charity in accordance with the Act
- 13.2 to appoint a Chairman, Treasurer and other honorary officers from among their number
- 13.3 to delegate any of their functions to committees consisting of two or more individuals appointed by them (but at least one member of every committee must be a Trustee and all proceedings of committees must be reported promptly to the Trustees)
- 13.4 to make Standing Orders consistent with the Memorandum, these Articles and the Act to govern proceedings at general meetings
- 13.5 to make Rules consistent with the Memorandum, these Articles and the Act to govern proceedings at their meetings and at meetings of committees
- 13.6 to make Regulations consistent with the Memorandum, these Articles and the Act to govern the administration of the Charity and the use of its seal (if any)
- 13.7 to establish procedures to assist the resolution of disputes within the Charity
- 13.8 to exercise any powers of the Charity which are not reserved to a general meeting

14. RECORDS & ACCOUNTS

- 14.1 The Trustees must comply with the requirements of the Act and of the Charities Act 2011 as to keeping financial records, and audit of accounts and the preparation and transmission to the Registrar of Companies and the Commission of:
 - 14.1.1 annual reports
 - 14.1.2 annual returns
 - 14.1.3 annual statements of account
- 14.2 The Trustees must keep proper records of
 - 14.2.1 all proceedings at general meetings
 - 14.2.2 all proceedings at meetings of the Trustees
 - 14.2.3 all reports of committees and
 - 14.2.4 all professional advice obtained
- 14.3 Accounting records relating to the Charity must be made available for inspection by any Trustee at any reasonable time during normal office hours and may be made available for inspection by members who are not Trustees if the Trustees so decide
- 14.4 A copy of the Charity's latest available statement of account must be supplied on request to any Trustee or member, or to any other person who makes a written request and pays the Charity's reasonable costs, within two months

15. NOTICES

- 15.1 Notices under these Articles may be sent by hand, or by post or by suitable electronic means or (where applicable to members generally) may be published in any suitable journal or national newspaper or any newsletter distributed by the Charity
- 15.2 The only address at which a member is entitled to receive notices is the address shown in the register of members
- 15.3 Any notice given in accordance with these Articles is to be treated for all purposes as having been received
- 15.3.1 24 hours after being sent by electronic means or delivered by hand to the relevant address
- 15.3.2 two clear days after being sent by first class post to that address
- 15.3.3 three clear days after being sent by second class or overseas post to that address
- 15.3.4 on the date of publication of a newspaper containing the notice
- 15.3.5 on being handed to the member personally or, if earlier,
- 15.3.6 as soon as the member acknowledges actual receipt
- 15.4 A technical defect in the giving of notice of which the Trustees are unaware at the time does not invalidate decisions taken at a meeting

16. INTERPRETATION

- 16.1 In the Memorandum and in these Articles:

“The Act”	means the Companies Act 2006
“AGM”	means an annual general meeting of the Charity
“these Articles”	means these articles of association
“Chairman”	means the chairman of the Trustees
“the Charity”	means the company governed by these Articles
“charity trustee”	has the meaning prescribed by section 177 of the Charities Act 2011
“clear day”	means 24 hours from midnight following the relevant event
“the Commission”	means the Charity Commissioners for England and Wales

“EGM”	means an extraordinary general meeting of the Charity
“financial expert”	means an individual, company or firm who is an authorised person or an exempted person within the meaning of the Financial Services Act 1986
“material benefit”	means a benefit which may not be financial but has a monetary value
“member” and “membership”	refer to membership of the Charity
“Memorandum”	means the Charity’s Memorandum of Association
“month”	means calendar month
“the Objects”	means the Objects of the Charity as defined in Article 3
“Secretary”	means the Secretary of the Charity
“taxable trading”	means carrying on a trade or business on a continuing basis for the principal purpose of raising funds and not for the purpose of actually carrying out the Objects
“Trustee”	means a director of the Charity and “Trustees” means all of the directors
“written” or “in writing”	refers to a legible document on paper [not] including a fax message
“year”	means calendar year

16.2 Expressions defined in the Act have the same meaning

16.3 References to an Act of Parliament are to the Act as amended or re-enacted from time to time and to any subordinate legislation made under it

