

IPT Recommended Reading List

Weissman MM & Markowitz JC (2018) The Guide to Interpersonal Psychotherapy: Updated and Expanded Edition. Oxford University Press, NYC Pubs)

Law, R (2016) Defeating Teenage Depression- Getting There Together (Little Brown Books, London, Pubs)

Law, R (2013) Defeating Depression: How to use the people in your life to open the door to recovery (Constable & Robinson, London, Pubs)

Markowitz JC & Weissman MM (Eds) (2012) Casebook of Interpersonal Psychotherapy (OUP, New York, Pubs)

Frank E & Levenson JC (2011) Interpersonal Psychotherapy Theories of Psychotherapy Series (APA, Washington, Pubs)

Weissman MM, Markowitz, JC & Klerman GL (2007) Clinician's Quick Guide to Interpersonal Psychotherapy (OUP, New York Pubs)

Stuart A & Robertson M (2012) 2nd Ed. Interpersonal Psychotherapy clinician's guide. (Hodder Arnold, Pubs)

Frank E (2005) Treating Bipolar Disorder. A Clinician's Guide to Interpersonal and Social Rhythm Therapy (Guilford Press New York, Pubs)

Mufson L et al (2004) Interpersonal Psychotherapy for depressed adolescents (2nd ed) (Guilford Press, New York, Pubs)

Weissman MM, Markowitz, JC & Klerman GL (2000) Comprehensive Guide to Interpersonal Psychotherapy

Ravitz P (2013) Psychotherapy Essentials to Go: Interpersonal Therapy for Depression (WW Norton, London, Pubs)