

Beyond Words: Parental Embodied Mentalizing (PEM)

Day 1

09:30-11:00 Introduction - PEM in context (Professor Peter Fonagy)

11:00-11:15 Break

11:15-12:15 Principles of PEM

12:15-13:00 Lunch

13:00-14:00 Overview of PEM coding process

14:00-14:15 Break

14:15-15:30 Overview of PEM coding process

Homework: Review the PEM manual and independently code Tape 61

Day 2

9:30-10:00 Coding PEM – Reviewing the manual

10:00-11:00 Watching and coding Tape 61

11:00-11:15 Break

11:15-12:15 Watching and coding Tape 61

12:15-13:00 Lunch

13:00-14:00 Watching and coding Tape 923

14:00-14:15 Break

14:15-15:30 Watching and coding Tape 115

Homework: Code independently Tape 115

Day 3

9:30-11:00 Review coding Tape 115

11:00-11:15 Break

11:15-12:15 Watching and coding Tape 52

12:15-13:00 Lunch

13:00-14:00 Watching and coding Tape 52

14:00-14:15 Break

14:15-15:30 Watching and coding Tape 535

Homework: Code independently Tape 535

Day 4

9:30-11:00 Review coding Tape 535

11:00-11:15 Break

11:15-12:00 PEM in the clinical setting

12:00-13:00 Reliability details and Summary

13:00 Ending