

# Reflective Functioning on the Adult Attachment Interview training (RF-AAI)

## Programme

### Day 1

08:45 - 09:00	Registration
09:00 - 11:00	Brief introduction to define Reflective Functioning
11:00 - 11:30	Break
11:30 - 13:00	RF form and Adult Attachment Interview Protocol
13:00 - 14:00	Lunch
14:00 - 15:30	'Negative to limited' RF Exercises
15:30 - 16:00	Break
16:00 - 17:00	Scoring a 'moderate to high' RF statement Exercises

### Day 2

09:00 - 11:00	Giving a single score Giving an overall score
11:00 - 11:30	Break
11:30 - 13:00	Scoring an Adult Attachment Interview step by step
13:00 - 14:00	Lunch
14:00 - 15:30	Scoring an Adult Attachment Interview step by step
15:30 - 16:00	Break
16:00 - 17:00	Scoring an Adult Attachment Interview step by step (overall score)

### Day 3

09:00 - 11:00	Scoring an Adult Attachment Interview step by step
11:00 - 11:30	Break
11:30 - 13:00	Scoring an Adult Attachment Interview step by step
13:00 - 14:00	Lunch
14:00 - 15:30	Scoring an Adult-Attachment Interview step by step (Overall score)
15:30 - 16:00	Break
16:00 - 17:00	Reliability Test