

Interpersonal Psychotherapy (IPT) principles across steps 2 and 3 for PWPs

Programme

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| 09:30 – 10:30 | IPT and IPC – Models and Evidence |
| 10:30 – 11:15 | Collaborative symptom assessment |
| 11:15 – 11:30 | Break |
| 11:30 – 12:45 | Interpersonal Inventory |
| 12:45 – 13:15 | Lunch |
| 13:15 – 14:30 | Creating a timeline and finding an interpersonal theme |
| 14:30 – 14:45 | Break |
| 14:45 – 16:00 | Role plays |
| 16:00 – 16:30 | Discussion |