Mentalization Skills in Interpersonal Psychotherapy (IPT)

Programme

09:30 - 10:00  Registration
10:00 - 11:00  Mentalization Theory and Techniques
11:30 - 11:50  Tea Break
11:50 - 13:00  Mentalization Techniques in IPT
13:00 - 13:45  Lunch Break
13:45 - 15:30  Role Play of Mentalization in IPT
15:30 - 15:45  Tea Break
15:45 - 16:30  Discussion of Role Plays
16:30 - 17:00  Overview and discussion of the day