



International Training School for Infancy and Early Years (ITSIEY)

CPD Courses 2018

About ITSIEY, Anna Freud National Centre for Children and Families and the Tavistock and Portman NHS Foundation Trust

International Training School for Infancy and Early Years (ITSIEY)

Delivered by a unique collaboration of internationally acclaimed Centres of Excellence (Anna Freud National Centre for Children and Families, the Tavistock and Portman NHS Foundation Trust and Yale University Child Study Centre), the International Training School for Infancy and Early Years (ITSIEY) provides mental health professionals with expert-agreed standards of knowledge and skills to work confidently with infants (0-3) and their families. This exclusive training encompasses a range of theories “*seamlessly interwoven into a shared conceptual framework*” (student). The ecological model that is at the heart of its vision and curriculum uses most up to date knowledge of advances in neuroscience combined with strong clinical and research experience relevant to collaborative work with families. ITSIEY builds a forum for international cross pollination of knowledge, skills and research in the field of infancy and early years mental health for practitioners.

ITSIEY is the 2017 winner of the Emma Cadywoud Award for Perinatal Mental Health Education and Training.

Anna Freud National Centre for Children and Families

The Anna Freud National Centre for Children and Families has developed and delivered pioneering mental health care for over 60 years. Our aim is to transform current mental health provision in the UK by improving the quality, accessibility and effectiveness of treatment. We believe that every child and their family should be at the heart of the care they receive, working in partnership with professionals.

The Tavistock and Portman NHS Foundation Trust

The Tavistock and Portman NHS Foundation Trust is a specialist mental health trust with a focus on training and education alongside a full range of mental health services and psychological therapies for children and their families, young people and adults. We are committed to improving mental health and emotional wellbeing, believing that high quality mental health services should be available for all who need them.

ITSIEY CPD Modules

Who is ITSIEY suitable for?

ITSIEY is suitable for allied mental health professionals working in the field of infant mental health e.g. nurses, therapists, psychologists, family therapist, social workers, health visitors and psychiatrists.

An introduction to perinatal and infant mental health

8th – 11th January 2018 or 25th – 28th June 2018 (4-day course)

Fee: £800

This module introduces students to the field of perinatal, infant and early years' mental health. It draws on neurobiology and developmental research, attachment, systems, psychodynamic theory and clinical work, to give students a cutting edge knowledge-base about early development of the infant and young child. The module has been created to provide a developmental journey for students that models that of the transition to parenthood. The module builds on students' knowledge and skills from conception through pregnancy, birth and the early years – considering the key issues in the parent-infant relationship up until the child is 5 years old.

Emotional abuse in infancy

21st – 24th May 2018 (4-day course)

Fee: £800

In England, emotional abuse (including neglect) is the most common categories of abuse for under 1s subject to child protection plan. Emotional abuse is a particularly detrimental form of maltreatment and a robust predictor of future mental health difficulties. Environmental factors – such as poverty, homelessness, substance abuse – are known to heighten risk of neglect and emotional abuse in young children. These 'external' factors are reiterated through the parental state of mind to the baby.

This module will discuss the epidemiology and environment of emotional abuse and neglect, and how parental states of mind are infiltrated and expressed in verbal and embodied ways to the baby.

Parental mental illness

**22nd – 23rd February, 19th – 20th April, 21st – 22nd June 2018
(6-day course)**

Fee: £1200

This module will explore in-depth the complex subject of parental mental illness. Seminars and practice based workshops which aim to embed understanding and help you apply these skills to your work setting. We will look at the adverse impact parental mental illness can have on a baby's development, and ways for different professional roles to work together to provide a metaphorical safety net to help the most at risk parents and babies/toddlers. This specialist module promotes a systemic approach to understanding the complex interactions between mentally ill parents, their families, their babies, and the practitioners involved in their care.

Mentalizing in practice; working with parents and babies

10th – 11th September 2018

Fee: £400

This module aims to enhance clinical practice by drawing on psychoanalytic and mentalization research and clinical work to encourage reflectiveness. The module considers ideas and skills to increase reflectiveness in self and other - the practitioner, the team and workplace, and parents of babies. The theory of mentalization will be described, including its attachment and neurodevelopmental origins. We will look at why parental mentalization is important for child development and offer practical exercises.

Reflective supervision in infant mental health (0 - 24 months): Holding the supervisee, child and family in mind

Dates to be confirmed (2.5 plus 0.5 day in 2018).

Fee: £900 (includes post-training supervision). Funding for CYP IAPT applicants available.

This exciting new training is designed for practitioners working in Infant Mental Health who wish to take on a supervisory role. Infant Mental Health (or 0-5s) is a unique area of practice where clinicians simultaneously address the needs of the infant and wider family, whilst holding the needs of the infant in the centre of their practice. It is also well documented that it is an area of work that can be particularly emotionally taxing because of the vulnerability of the baby and the rawness of emotions in the perinatal period.

Testimonials

"I most enjoyed the quality, style, knowledge and kindness of speakers. The diverse audience. The lecture about brain development. The curiosity and space for thinking and learning. Comprehensive introduction with interesting reading list."

"I found Amanda's style, expertise and attitude to the subject totally enlightening. Her reflective style instills a critical analysis of behaviours otherwise missed in the normal rushed approach in mental health services. Thanks."

"I really enjoyed the course. The lectors delivered their talks in a highly professional manner, the information given was rich, and the subject was explored from different perspectives. I also enjoyed communicating with the other participants on the course."



Course tutors

Tutors

Tessa Baradon (course director), Michela Biseo, Amanda Jones, Sara Rance, Graham Music, Dickon Bevington, Sheila Redfern, Carol Broughton, Emily Durling, Camila Rosan, Jill Domoney and others.

Tessa Baradon came from the field of Public Health to child psychoanalysis and psychotherapy. She has worked in the public and private sectors as a child and adolescent therapist and has been responsible for the development, implementation and evaluation of services for parents and infants in the NHS and the Anna Freud National Centre for Children and Families. Tessa Baradon writes and lecture on child therapy/psychoanalysis and parent infant psychotherapy.

Michela Biseo has worked in the NHS in generic multi-disciplinary CAMHS teams and also for some years in a specialist CAMHS for Looked After Children. A special interest is in working with Under-fives. Michela ran a parent-toddler group at the Anna Freud Centre, and taught toddler observation, as well as Parent-Infant observation on the UCL/AFNCCF Masters. She continues to teach and supervise trainees on Child Psychotherapy trainings and Psychodynamic counsellors.

Sara Rance trained as a Child & Adolescent Psychotherapist at the Tavistock Clinic. She worked in the NHS for 24 years, most recently as Head of Child Psychotherapy for Newham CAMHS. She now has an independent practice and specialises as a clinician, trainer and clinical supervisor in work with Under 5s. She works as a Parent Infant Psychotherapist at Enfield Parent Infant Partnership, part of PIP UK and has taught for many years on the Tavistock Dip/MA in Infant Mental Health/Early Years.

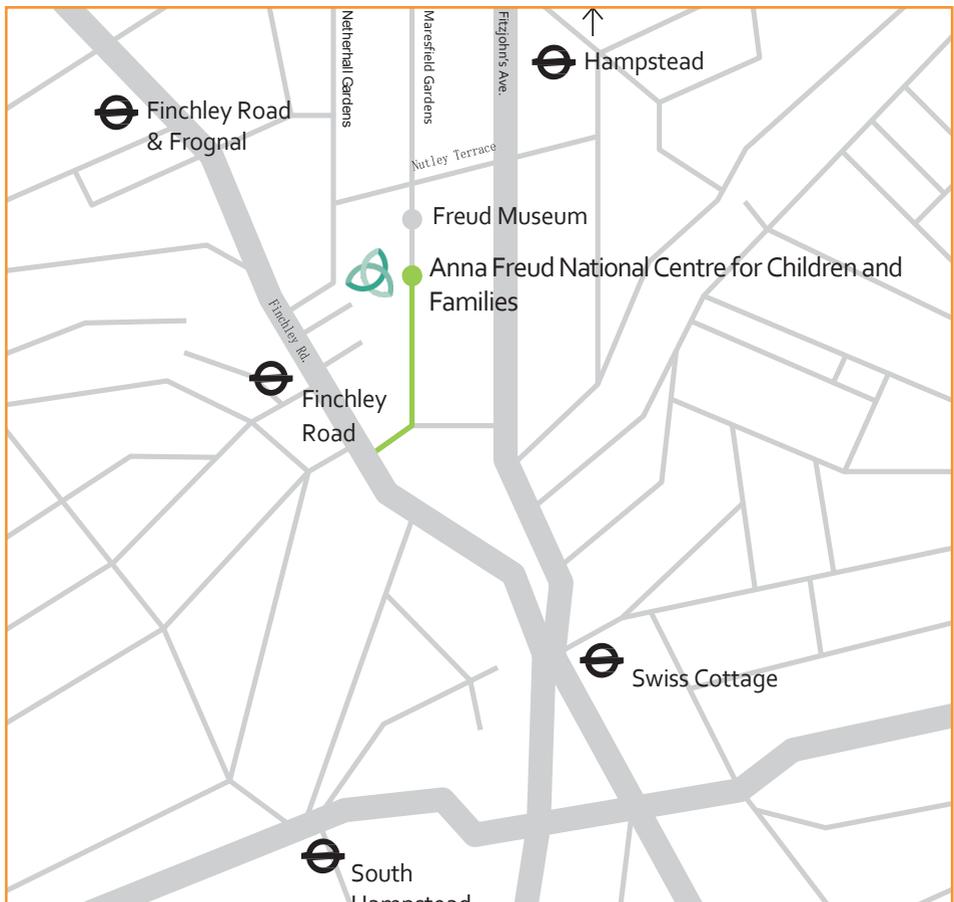
How to find us

Training for all CPD courses takes place at:
Anna Freud National Centre for Children and Families
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www.annafreud.org

For all course enquiries and if you would like to commission the modules for your service please contact marta@annafreud.org.





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