

Improving young people's mental resilience and wellbeing

Learning from HeadStart

Date: 11 January 2018
Time: 9am - 4.30pm
Venue: Amnesty International UK Human Rights Action Centre, 1725
New Inn Yard, London EC2A 3EA

Programme

9:00	Registration, tea/coffee	
9:30	Welcome	<p>Dawn Austwick CEO, Big Lottery Fund</p> <p>Dr Jessica Deighton Associate Professor in Child Mental Health and Wellbeing, UCL & AFNCCF</p> <p>Francesca Turner HeadStart Young Ambassador, Wolverhampton</p>
10:00	Keynote Nurturing Resilience: The role of schools, families and communities	Professor Michael Ungar Director, Resilience Research Centre, Dalhousie University
10:35	Introduction to Mentimeter	Professor Miranda Wolpert Director of Innovation, Evaluation and Dissemination, AFNCCF
10:40	First HeadStart Theme Emerging views in practice: Co-production	<p>Pauline Wigglesworth Programme Lead HeadStart Blackpool</p> <p>Angela Ford Programme Lead HeadStart Kent</p>
11:20	Tea/coffee	
11:50	Second HeadStart Theme Emerging views in practice: Collaborating with schools	<p>Richard Head Programme Lead HeadStart Kernow</p> <p>Dr Simon Munk Programme Lead HeadStart Newham</p>
12:30	Keynote What is resilience in young people? How much progress has the field made (from a research perspective)? Where are we now?	Professor Neil Humphrey Professor of Psychology and Education, University of Manchester and HeadStart Learning Team partner
13:00	Lunch	
13:50	Panel discussion Young people in the lead: What does it really mean?	Young people and speakers
14:50	Keynote 30,000 children and young people: What have they told us?	<p>Dr Jessica Deighton Associate Professor in Child Mental Health and Wellbeing, UCL & AFNCCF</p>
15:15	Tea/coffee	
15:40	Third HeadStart Theme Emerging views in practice: Cross-sector working	<p>Gail Teasdale Programme Lead HeadStart Hull</p> <p>Kevin Pace Programme Lead HeadStart Wolverhampton</p>
16:20	Closing remarks and next steps	Dr Jessica Deighton
16:30	Close	



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