Principles & Practice of Psychoanalytic Parent-Infant Psychotherapy

Programme: 23rd - 26th January 2018

Day One - Tuesday, 23rd January

13:00 – 13:15  Arrival and registration
13:15 - 14:30  Lunch
14:30 - 14:15  Evaluation
14:15 – 17:00  Tessa Baradon – Seminar One: Theory and Principles of Psychoanalytic Parent-Infant Psychotherapy
   This session sets the scene with a discussion of the conceptual and clinical frameworks, and key psychoanalytic and attachment concepts that underpin this model of parent infant psychotherapy.

Day Two - Wednesday, 24th January

09:30 – 10:15  Tessa Baradon – link time
10:30 – 13:30  Claudia De Campos – Seminar Two: Engaging the family in the therapy
   The engagement of the parents and baby in a collaborative process to address their difficulties is the first step in establishing the therapy. This session will look at the theory and technical issues of this stage.
13:30 – 14:15  Lunch
14:15 – 17:00  Michela Biseo – Seminar Three: Elaboration of the therapeutic process
   This session will address the momentum of work and change in the therapeutic process. The baby and parent/s - individually and as a dyad/triad - use the therapist and the therapeutic space in different and more complex ways to develop their relationship.

Day Three - Thursday, 25th January

09:30 – 10:15  Tessa Baradon – link time
10:30 – 13:30  Carol Broughton – Seminar Four: Claiming the Baby
   The therapist works directly with the baby with the aim of promoting aspects of his development through his relationship with her. An important aim is to facilitate baby’s capacity to communicate with his parents and in turn
to help them claim their baby. The seminar will illustrate and discuss the therapeutic stance of the therapist and relevant techniques in working with the baby as the patient.

13:30 – 14:15  Lunch
14:15 – 17:00  Abel Fagin – Seminar Five: From dyad to triad: constellating the triad in parent-infant psychotherapy

The constellation of the triad is central to change in therapeutic work with infants and their parents. This seminar is built around case study material of an infant with her mother and father. We shall focus on how the presence and role of the therapist, in the position of a new mother, catalyses novel relational possibilities for infants and parents.

**Day Four - Friday, 26th January**

10:30 – 13:30  Sheila Ritchie – Seminar Six: Therapeutic parent and baby groups – use of the group as an attachment object
The session will be devoted to discussing group theory and practice in working with parents and infants in community group settings and in analytic mother and baby groups.

13:30 – 14:15  Lunch
14:15 – 17:00  Michela Biseo – Seminar Seven: Applications to practice/the workplace
Summing up and ending the training