

Understanding the Complexities of Complex Post Traumatic Stress Disorder (PTSD) for Children and Young People

Friday 13th July
Dr Duncan McLean & Minna Daum

The importance of well functioning multi-disciplinary teams when working with complexly traumatised families

This presentation will outline a multi-disciplinary approach to treating complex families in which there is intergenerational trauma and neglect. The parents in these families have suffered chronic trauma in their own childhoods, and now as parents have extensive deficits in their capacity to offer safe parenting to their own children. A comprehensive, integrated and multi-disciplinary approach is an essential way of containing and helping these families.

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