Mentalization-Based Treatment for Adolescence Training

Programme

Day 1
09:00  Registration
09:15  Introduction
What is mentalization?
How does it develop?
What does it look like?
Adolescent brain
12:30  Lunch
13:00  Structure of MBT-A
16:00  End

Day 2
09:00  Structure of MBT-A
Clinical applications in self harm
12:30  Lunch
13:00  Clinical applications in trauma
16:00  End