

Understanding the Complexities of Complex Post Traumatic Stress Disorder (PTSD) for Children and Young People

Friday, 13th July

08:30 – 09:00	<i>Registration and coffee</i>
09:00 – 09:15	David Trickey: Welcome. The clinical and research contexts for complex PTSD
09:15 – 09:45	Professor Chris Brewin: The development of a new diagnosis
09:45 – 10:30	Cedric Sachser: Complex PTSD in children and young people: validity of the diagnosis and impact of trauma-focused CBT
10:30 – 10:45	Panel Discussion Chris Brewin, David Trickey and Cedric Sachser
10:45 – 11:15	<i>Break</i>
11:15 – 11:45	Professor Eamon McCrory: The neuroscience of child-maltreatment related trauma: Implications for Complex PTSD
11:45 – 12:15	Dr Margaret DeJong: Assessment of Complex PTSD and the role of medication
12:15 – 12:45	Dr Duncan McLean & Minna Daum: The importance of well functioning multi-disciplinary teams when working with complexly traumatised families
12:45 – 13:30	<i>Lunch</i>
13:30 – 14:15	Dr Richard Meiser-Stedman and Jessica Memarzia: Singularly Complex – The ASPECTS study of child and adolescent Emergency Department attendees
14:15 – 15:00	Dr Rachel Hiller: The relevance of complex PTSD for children in care: Findings from the C-CATS study.
15:00 – 15:20	<i>Break</i>
15:20 – 15:40	Glen Skeel: Expert by experience
15:40 – 16:10	Professor Peter Fonagy: Complex PTSD as a failure in mentalization and epistemic trust

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16:10 – 16:40	Discussion What are the implications of the new diagnosis for researchers, clinicians, children and young people?
16:40 – 16:45	David Trickey Conclusions & farewell

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