AMBIT Consultation Day

What is an AMBIT consultation day?

An AMBIT consultation is offered as standard to all teams enquiring about undertaking AMBIT training, after the initial engagement call. The broad purpose of the consultation day is to reach a shared understanding with a team (or organisation) about whether embarking on AMBIT training will be useful to them and if so, what the training objectives might be.

The day will be facilitated by two trainers from the AMBIT Programme, one of whom will be the AMBIT Programme Lead or Deputy Lead.

The format of the day

Depending on the size of the team or organisation, the consultation day may consist of either a half or full day. A consultation day is comprised of the following elements:

- Exploration with the team/organisation around its core purpose, strengths and needs
- Exploration with the team about how it currently learns and develops
- Supporting the team to clarify the training objectives for an AMBIT training
- Providing a brief overview of AMBIT
- Providing information about the different training routes and implementation support packages available

For teams who are seeking to embark upon a large-scale programme of training (e.g. one involving multiple teams within an area or organisation), the consultation day is most usefully undertaken in two halves. We recommend a morning session which includes key stakeholders or representatives from the different teams who will be the recipients of the training, followed by an afternoon session which includes frontline practitioners from these teams to ensure that the views of both are fully captured. The agenda of the sessions will be similar, with the intention that elements of the discussion from the morning (including the provisional training objectives agreed) can be shared and discussed with the frontline practitioners during the afternoon session in order to seek out and incorporate their views.

Where training is being sought by an individual team, the consultation day can either be undertaken with a half-day or full-day session, according to the team’s preference. The
full day will allow for a more in depth exploration of the above areas and a more detailed overview of the AMBIT framework.

**What happens after the consultation day?**

The AMBIT programme will send a consultation report within 4 weeks, which will summarise the key themes arising from the day, training objectives and make recommendations about training routes and implementation support should the team/organisation wish to proceed with booking an AMBIT training. It is important to the AMBIT programme that training is useful for teams and as such, there is no obligation to book training after the consultation day if it does not feel as if it would assist the team with their development.

**Location and costs**

The consultation day is usually held at a location specified by the team/organisation. Travel/accommodation costs are charged alongside the consultation fee. Arrangements can be made for the day to be held at the Anna Freud Centre if this is more convenient for the team. A break-down of the costs can be found below:

<table>
<thead>
<tr>
<th>Length of Consultation day</th>
<th>At the Centre</th>
<th>At the client’s location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full day (5 hours contact time + 2 to write the report)</td>
<td>£1,000</td>
<td>£1,500 + travel expenses</td>
</tr>
<tr>
<td>Half day (3 hours contact time + 2 to write the report)</td>
<td>£800</td>
<td>£1,300 + travel expenses</td>
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