

Reflective Functioning on the Adult Attachment Interview training (RF-AAI)

Programme

Day 1

09:30 – 10:00	Registration
10:00 – 12:00	Brief introduction to define Reflective Functioning
12:00 – 12:30	Break
12:30 – 14:00	RF form and Adult Attachment Interview Protocol
14:00 – 15:00	Lunch
15:00 – 16:30	'Negative to limited' RF exercises
16:30 – 17:00	Break
17:00 – 18:00	Scoring a 'moderate to high' RF statement Exercises

Day 2

08:30 – 09:00	Registration
09:00 – 11:00	Giving a single score Giving an overall score
11:00 – 11:30	Break
11:30 – 14:00	Scoring an Adult Attachment Interview step by step
14:00 – 15:00	Lunch
15:00 – 16:30	Scoring an Adult Attachment Interview step by step
16:30 – 17:00	Break
17:00 – 18:00	Scoring an Adult Attachment Interview step by step (overall score)

Day 3

08:30 – 09:00	Registration
09:00 – 11:00	Brief introduction to define Reflective Functioning
11:00 – 11:30	Break
11:30 – 13:30	Scoring an Adult Attachment Interview step by step (Overall score)
13:30 – 14:30	Lunch
14:30 – 15:15	Reliability Test