

# Principles & Practice of Psychoanalytic Parent-Infant Psychotherapy

Programme: 12th - 15th February 2019

## Day One - Tuesday, 12th February

13:00 - 13:30	Arrival and registration
13:30 - 14:00	Lunch
14:00 - 17:00	Tessa Baradon – Seminar One: Theory and Principles of Psychoanalytic Parent-Infant Psychotherapy This session sets the scene with a discussion of the conceptual and clinical frameworks, and key psychoanalytic and attachment concepts that underpin this model of parent infant psychotherapy.

## Day Two - Wednesday, 13th February

09:30 - 10:15	Tessa Baradon – link time
10:30 - 13:30	Claudia De Campos – Seminar Two: Engaging the family in the therapy The engagement of the parents and baby in a collaborative process to address their difficulties is the first step in establishing the therapy. This session will look at the theory and technical issues of this stage.
13:30 - 14:00	Lunch
14:00 - 17:00	Michela Biseo – Seminar Three: Elaboration of the therapeutic process This session will address the momentum of work and change in the therapeutic process. The baby and parent/s - individually and as a dyad/triad - use the therapist and the therapeutic space in different and more complex ways to develop their relationship.

## Day Three - Thursday, 14th February

09:30 - 10:15	Tessa Baradon – link time
10:30 - 13:30	Carol Broughton – Seminar Four: Claiming the Baby The therapist works directly with the baby with the aim of promoting aspects of his development through his relationship with her. An important aim is to facilitate baby's capacity to communicate with his parents and in turn

to help them claim their baby. The seminar will illustrate and discuss the therapeutic stance of the therapist and relevant techniques in working with the baby as the patient.

13:30 – 14:00

Lunch

14:00 – 17:00

Abel Fagin – Seminar Five: From dyad to triad and familial constellation:

This seminar will focus on the parental couple and baby as part of a multi person system. Drawing upon theoretical and clinical material, it will aim to explore what might influence how the constellation of the triad is organised and the impact this may have upon the process of therapeutic work.

### **Day Four - Friday, 15th February**

10:30 – 13:30

Jessica James – Seminar Six: Therapeutic parent and baby groups – use of the group as an attachment object

The session will be devoted to discussing group theory and practice in working with parents and infants in community group settings and in analytic mother and baby groups.

13:30 – 14:00

Lunch

14:00 – 17:00

Michela Biseo – Seminar Seven: Ending in PIP and Summing up and ending the training

