

Skills Tracker Information Sheet

This tool can be used with participation work with young people to:

- Promote and maintain engagement
- Validate and motivate young people's involvement
- Keep track of the young person's development of skills and goals
- Steer your participation work towards a co-productive approach
- Measure the impact of participation on individual levels

It may be helpful to use this tool:

- At the beginning of working with a young person who is becoming involved in participation (such as at your initial meeting with a young person)
- During their involvement
- When their involvement comes to an end

You can use your judgement to determine when to use this tool.

The data from this tool can be:

- Kept on a central database (i.e. partnership / collaborative wide)
- Added to any profiles that you have for your young people involved
- Used to measure the impact of participation in your service

Feedback from young people showed that they liked completing this tool in 1:1 settings and found it very helpful for the participation worker to complete the measure along with them, as it helped to develop their understanding about being involved and what they can gain out of their experience. Young people have also commented that they liked viewing their previous sheets to think about their achievements and to help them make sense of their scores.

Skill Tracker Sheet

To be filled out by participation worker / clinician to provide context for the skill tracker)

Service: _____

Young Person's Name / Initials: _____ **Date:** _____

- **Strengths / Interests:**

- **Participation activities involved with:**

Workshop

Interview Panel

Focus Group

Representative at Meeting

Presentation

Individual Consultation

Other:

- **Nature of activities:**

Face to Face

Telephone

Email

Other:

- **Number of hours involved in participation activity:**

___ hour(s) per month (approximately)

Other:

Name: _____

Date: _____

We recognise that the experience of being involved with _____ can be used as an opportunity to give back to you by helping you to build on skills and areas that you may want to develop.

Please tick the things that you would hope to develop (including your interests and strengths!) by being involved:

Interview Skills

CV Experience

Presentation Skills

Character References

Writing Skills

Social Skills

Creativity

Confidence

Other:

Is there anything else you would hope to gain from the experience of being involved?

Date:

Where are you at with these skills / experience now?

Skill / Experience: _____



0 1 2 3 4 5 6 7 8 9 10

Skill / Experience: _____



0 1 2 3 4 5 6 7 8 9 10

Skill / Experience: _____



0 1 2 3 4 5 6 7 8 9 10
